Protocols for Students
Isolation, Quarantine and Outbreak

Do not come to school:	• If a student feels ill • If a student has a fever above 100.4 degrees F

Isolation:
 	
Isolation is for those who have symptoms, who are sick, or who have tested positive for COVID-19.
 	
Isolation separates those who are infected from those who are not.
	• Student is diagnosed with COVID-19 with a positive test result.
	
	or
	
	• Has symptoms of COVID-19. Symptoms, especially early on, may be mild and feel like a common cold. COVID-like symptoms include cough, shortness of breath, fever, loss of taste/smell, fatigue, headache, sore throat, muscle or body aches, congestion/runny nose, nausea/vomiting, diarrhea.
	
	or
	
	• Student feels ill and believes they may have COVID-19.
	• Parent/Guardian needs to call the attendance line at the student's school immediately if the student has been diagnosed with COVID-19 and/or is beginning isolation.
	• Parent/Guardian should leave a message on the attendance line with information about the student's illness.
	• On the attendance line, parent/guardian will be directed to call the school nurse/health tech using the phone number provided.
	   o The school nurse/health tech will ask a specific list of questions including:
	      ▪ Last date on at a PSD school or location
	      ▪ Whether student was symptomatic while at school
	      ▪ All areas visited within school
	      ▪ All persons that had prolonged exposure, or close contact
	   o The school nurse/health tech contacts the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted.
	   o The school nurse/health tech will also notify PSD's contact tracing liaison.

	o It is important to protect the privacy of individuals through the entire process.
Isolate until: Those who have symptoms, who are sick, or who have tested positive.	• Student has had no fever for at least 24 hours without using medicine that reduces fevers. *and* • Other symptoms have improved (for example, when your cough or shortness of breath have improved). *and* • At least 10 days have passed since symptoms first appeared.
If isolation begins during the school day:	• Isolate the student in a designated sick area in the building until they can safely return home. • The designated sick area will be separated from routine care/medication administration to the best degree possible. • Personal Protective Equipment (PPE) will be available for staff monitoring a sick student. Staff monitoring will wear a gown, mask and face shield (both) and gloves. • The school nurse will call PSD's contact tracing liaison AND the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted. • It is important to protect the privacy of individuals through the entire process.
Exposure:	• Exposure is defined as having close contact with someone who has been diagnosed with COVID-19 (referred to as a confirmed case) or who has COVID-like symptoms without another reasonable explanation (referred to as a probable case). For COVID-19, a close contact is defined as any individual who: o Was within 6 feet of someone diagnosed with COVID-19 for at least 10 minutes total. o Provided care for someone who is sick with COVID-19. o Had direct physical contact with someone who is sick with COVID-19. o Shared eating or drinking utensils with someone who is sick with COVID-19.

	- Got respiratory droplets from someone who is sick with COVID-19 on them (through sneezing, coughing, shouting, etc.). - Was in the same cohort as a person diagnosed with COVID-19.
	- If you believe your student has been exposed to COVID-19, please call your school attendance line and school nurse/health teach immediately. - The school nurse/health tech will contact the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the student impacted. - The school nurse will call PSD's contact tracing liaison to alert to the student case. - It is important to protect the privacy of individuals through the entire process.
Quarantine when: Quarantine is for those who have potentially been exposed to COVID-19. Quarantine keeps someone potentially exposed to those with the virus away from others.	- A person should quarantine when a household member or other close contact of the staff member has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms. - If a person in quarantine develops symptoms of COVID-19 they begin the isolation protocol (above). - The parent/guardian of the student in quarantine must notify the school nurse/health tech and attendance line at their school immediately if they have been diagnosed with COVID-19 and/or beginning isolation. - The school nurse/health tech contacts the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted. - The school nurse will call PSD's contact tracing liaison to alert to the student case. - It is important to protect the privacy of individuals through the entire process.
Quarantine until: Even if you test negative for COVID-19 or feel healthy, you should stay home	- Student needs to quarantine for 14 days after their last contact with a person who had COVID-19. - Watch for fever (100.4), cough, shortness of breath, or other symptoms of COVID-19.

(quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.	o If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19.

Protocols for Students COVID Workflow

Is your student not feeling well? **FOLLOW THESE STEPS and <u>DO NOT</u> SEND YOUR STUDENT TO SCHOOL:**

1. Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is ill, may be experiencing COVID-19 symptoms (if this is the case), and/or has been tested for COVID-19.

2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.

3. You will be contacted by the school nurse/health tech and/or PSD's contact tracing liaison or county health contract tracers to answer some specific questions and with next steps to follow.

4. If you have not already done so, contact your student's health care provider.

PSD will protect the privacy of individuals through the entire process.

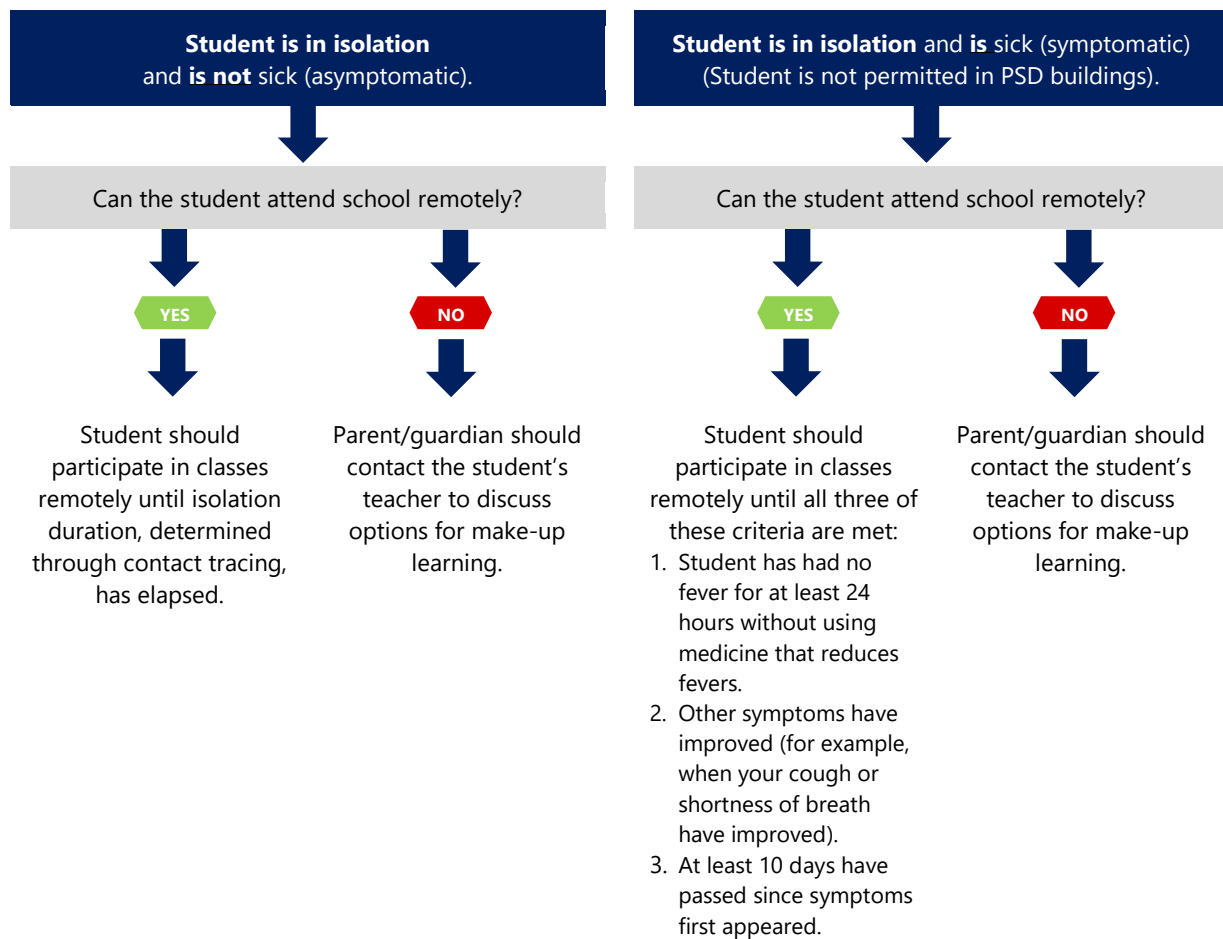| **Student is in isolation** and **is not** sick (asymptomatic).	**Student is in isolation** and **is** sick (symptomatic) (Student is not permitted in PSD buildings).
Can the student attend school remotely?	Can the student attend school remotely?
YES → Student should participate in classes remotely until isolation duration, determined through contact tracing, has elapsed. / **NO** → Parent/guardian should contact the student's teacher to discuss options for make-up learning.	**YES** → Student should participate in classes remotely until all three of these criteria are met: 1. Student has had no fever for at least 24 hours without using medicine that reduces fevers. 2. Other symptoms have improved (for example, when your cough or shortness of breath have improved). 3. At least 10 days have passed since symptoms first appeared. / **NO** → Parent/guardian should contact the student's teacher to discuss options for make-up learning.

Protocols for Students COVID Workflow

If your student is under quarantine, **FOLLOW THESE STEPS and <u>DO NOT</u> SEND YOUR STUDENT TO SCHOOL:**

1. Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is under quarantine.

2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.

3. If you have not already done so, contact your student's health care provider

PSD will protect the privacy of individuals through the entire process.

Student is in quarantine.	**A full class, cohort, or school is in quarantine.**
If at any time during quarantine a student develops symptoms or is diagnosed with COVID-19, the isolation process must be followed.	If an entire class, cohort or school is quarantined all instruction will move to remote learning.

Can the student attend school remotely while in quarantine?

YES

NO

Student should participate in classes remotely until quarantine duration, determined through contact tracing, has elapsed.

Parent/guardian should contact the student's teacher to discuss options for make-up learning.

QUARANTINE AND ISOLATION INFORMATION

Isolation is for those who have symptoms of COVID-19, who are sick, or who have been diagnosed with COVID-19.

Quarantine is for those who have potentially been exposed to COVID-19, and who do not have symptoms.

Exposure is defined as a household member or other close contact of the staff member who has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms.

LCDHE defines **close contact** as having contact with a positive COVID-19 case for more than 10 minutes and within less than 6 feet. Close contact is also any individual who:

- Provided care for someone who is sick with COVID-19.
- Had direct physical contact with someone who is sick with COVID-19.
- Shared eating or drinking utensils with someone who is sick with COVID-19.
- Got respiratory droplets from someone who is sick with COVID-19 on them (through sneezing, coughing, shouting, etc.).
- Was in the same class/cohort as a person diagnosed with COVID-19.